Fuel your potential

You can't live a full life on an empty stomach. Our fresh, seasonal menu is crafted to fill you—nutritionally and emotionally—so you have the fuel you need to get the most out of life.

Snacks

- Chocolate-covered bacon
- Apple and banana oatmeal
- Fruit and nut oatmeal
- Sweet potato muffin
- Fruit and nut bread
- Chocolate chunk caramel cookie
- Breakfast egg bake
- Açaí bowl
- Chocolate chunk caramel cookie
- Açaí bowl
- Vegetarian bowl
- Turkey, tomato, and cheese made to please
- Add-ons
- Diced apple
- Diced chicken breast

Toasts

- Beets and blossoms
- Smoked carrot hummus
- Roasted beet
- Citrus
- Power Bowls
- Wheatberry
- Half smoked carrot hummus salad

Smoothie Bowls

- You're kale'n it
- You've got a choco-let to give

Burgers

- Cheeseburger
- Black bean
- Beyond

Sides

- Half sweet potato hummus salad
- Half beet root salad

Protein Boxes To Go

- Turkey, tomato, and cheese made to please
- Veggies, noodle, and the whole caboodle
- Chicken, eggs, chicken, yours for the pickin'
- Chicken, nut, and jerky, keepin’ it quirky

Smoothies

- I’m cocoa-nuts for you
- Match to your own best
- I love you berry much
- Strawberry pleased to meet you
- You’re kale’n it
- You’ve got a choco-let to give

Add-ons

- Vanilla protein powder
- Collagen protein

Cafe Drinks

- Drip coffee
- Espresso
- Macchiato
- Americano
- Cappuccino
- Latte
- Tea
- Bone broth
- Kombucha on tap
- Nitro cold brew