

CANADA

Blissability Accessible Yoga | Dartmouth, NS

Mission: To redefine what society perceives as possible for people living with intellectual disabilities.

www.blissability.org

Brain Injury Nova Scotia | Dartmouth, NS

Mission: To foster resilience, recovery, and community for brain injury survivors and their families across Nova Scotia.

www.braininjuryns.com

Camp LIFT | Montréal, QC

Mission: To empower youth to cultivate a healthy lifestyle.

www.camplift.com

Canadian Mental Health Association | Newmarket, ON

Mission: To improve the quality of life for people with mental illnesses.

www.cmha-yr.on.ca

Leadership Advancement for Women and Sports | Windsor, ON

Mission: To enhance gender equity in sport, recreation and physical activity through awareness, education and support in the creation of equitable opportunities for females over a lifespan.

www.lawswindsor.ca

Low Entropy Foundation | Vancouver, BC

Mission: To further the advancement of education as it pertains to mindfulness and emotional intelligence

www.lowentropy.org

Manitoba Brain Injury Association | Winnipeg, MB

Mission: To provide education, support, and awareness on acquired brain injury.

www.mbia.ca

Never Was Average | Montreal, QC

Mission: To dedicate ourselves to creating an inclusive culture where BIPOC can feel a sense of belonging and rise.

www.neverwasaverage.com

New Leaf Foundation | Toronto, ON

Mission: To support mental, emotional and physical wellbeing of youth in marginalized communities through programs and trainings that utilize meditative practices.

www.newleaffoundation.com

Our Colourful Yoga | Montréal, QC

Mission: To set in motion radical shifts in how we embody yoga and wellness and reclaiming the space to be well.

www.ourcolourfultyoga.org

Opportunity for Advancement | Toronto, ON

Mission: To assist women through support, education, and change.

www.ofacan.com

Pacific Immigrant Resources Society | Vancouver, BC

Mission: To empower immigrant and refugee women and children to fully participate in Canadian life through neighbourhood-based, accessible & inclusive programs.

www.pirs.bc.ca

Pour3Points | Montreal, QC

Mission: To provide support to youth, P3P coaches help them gain the skills needed to succeed in school and in life.

www.pour3points.ca/en/

Saskatchewan Indigenous Yoga Association | Saskatoon, SK

Mission: To empower individuals and communities through the healing benefits of yoga.

www.siya.ca

Support Network for Indigenous Women & Women of Colour | Victoria, BC

Mission: To work against barriers that limit women and girl's access to healthcare & full reproductive choice using food, art, and education.

www.sniwwoc.ca

The Kickback | Toronto, ON

Mission: To transform the way youth are engaged through relatable, elevated experiences. Since inception, we utilize the sneaker as a concept to present non-traditional, yet educational experiences to youth of various backgrounds.

www.kickbackconnect.com

Vinyasa Yoga for Youth | Saskatoon, SK

Mission: To bring the healing benefits of yoga to youth.

www.vinyasayogafor youth.org

Warrior Yoga Network | Ottawa, ON

Mission: To offer yoga and meditation for trauma-impacted communities and take action to create a more inclusive and accessible yoga community.

www.warrioryoga.network

Wellspring Edmonton | Edmonton, AB

Mission: To help restore resilience and confidence to those impacted by cancer through supportive programming.

www.wellspring.ca/edmonton

Yoga Mala Foundation | Montreal, QC

Mission: To commit to establishing outreach yoga programs, providing subsidized health and wellness services for low income individuals, and providing free therapeutic treatments for those in need.

www.yogamalafoundation.ca

Yoga Outreach | Vancouver, BC

Mission: To deliver trauma-informed yoga classes to social service agencies and facility partners across British Columbia.

www.yogaoutreach.com

USA

18 Springs | Winston Salem, NC

Mission: To support individuals in deepening their spirituality, body awareness, and ability to transform their relationship to nature and community.

www.yogaat18springs.com

A Second U Foundation | New York, NY

Mission: To educate, certify, and secure employment for formerly incarcerated people as personal trainers.

www.asecondufoundation.org

A Walk on Water | Venice, CA

Mission: To positively transform the lives of children with unique needs through Surf Therapy.

www.awalkonwater.org

Ability360 | Phoenix, AZ

Mission: Provide exceptional health and wellness program for people with disabilities.

www.ability360sports.org

Accessible Yoga | Santa Barbara, CA

Mission: To share the teachings and benefits of yoga with those who have been marginalized through education and advocacy.

www.accessibleyoga.org

Action in Africa | Aspen, CO

Mission: To advance the economic and personal development of women and children in the community of Nakuwadde, Uganda, through greater access to education and other life-changing resources.

www.actioninafrica.com

Afro Yoga | Santa Barbara, CA

Mission: To revolutionize the wellness industry by creating culture-driven wellness experiences, providing education and economic opportunities for BIPOC that build equity and advocate for social justice.

www.afroyoga.org

AIM Miami | Miami, FL

Mission: To encourage high school age youth to be agents of change that invest in themselves, each other, and the world.

www.aimmiami.org

Albert Einstein College of Medicine | Bronx, NY

Mission: To provide access to cancer wellness services for the underserved Bronx community.

www.einsteinmed.org/cancercenter/support

Anani Cultural Healing Arts Center | Los Angeles, CA

Mission: To promote healing art and culture internationally and locally teaching and performing Afrakan Drumming, dance and yoga.

www.ananiculturalhealing.org

Arizona Women's Recovery Center | Phoenix, AZ

Mission: To provide services to women with substance use disorders, enhancing their lives through comprehensive, women-centered, evidenced-based programs.

www.ncadd-phx.org

AUM Home Shala | Miami, FL

Mission: To promote knowledge of the therapeutic benefits of yoga.

www.aumhomeshala.org

Authentic Praise Ministry | Chicago, IL

Mission: To increase mindfulness, connectedness, and mental health awareness amongst underserved communities.

www.apministry.org

Back on My Feet | Austin, TX

Mission: To combat homelessness through running, community, essential housing and employment resources.

www.backonmyfeet.org

Back on My Feet | Denver, CO

Mission: To combat homelessness through running, community, essential housing and employment resources.

www.backonmyfeet.org

Back on My Feet | El Segundo, CA

Mission: To combat homelessness through the power of running, community support, essential employment and housing resources.

www.backonmyfeet.org

Back on My Feet | Philadelphia, PA

Mission: To combat homelessness through the power of running, community support, essential employment and housing resources.

www.backonmyfeet.org

BareSOUL Yoga & Wellness | Richmond, VA

Mission: To support individual and collective well-being, self-inquiry, and service to promote physical, mental, emotional and spiritual transformation, and positive social change in our world.

www.baresoulyoga.com

Bent on Learning | New York, NY

Mission: We bring yoga to as many students as possible—not after school, but right there, in the classroom, where the learning happens.

www.bentonlearning.org

Big Red Barn Retreat | Blythewood, SC

Mission: To provide an array of therapeutic mental health services to veterans, active duty military and first responders experiencing post-traumatic or combat-related stress.

www.thebigredbarnretreat.org

Black Yoga Teachers Alliance | Perry Hall, MD

Mission: To support the continuing educational and professional development of black yoga teachers.

www.blackyogateachersalliance.org

BLOOMHERE | Raleigh, NC

Mission: To provide women survivors of abuse, addiction, prostitution and trafficking a safe place to live and the space and resources to heal.

www.bloom-here.org

Bmore Empowered | Baltimore, MD

Mission: To provide girls and women of colour with tools of empowerment.

www.bmoreempowered.com

Boarding for Breast Cancer | Gardena, CA

Mission: To prepare young people with education and early detection, promote a healthy lifestyle for breast cancer prevention, and to provide survivor support for those affected by breast cancer.

www.b4bc.org

Boys and Girls Clubs of Sonoma-Marín | Santa Rosa, CA

Mission: To enable all young people, especially those who need us most, to reach their full potential as caring, productive, responsible adults.

www.bgksonoma-marin.org

Canopy Studio | Athens, GA

Mission: To enrich the lives of individuals through performance and movement education regardless of age, gender, income or ability.

www.canopystudio.org

Circle Yoga | Washington, DC

Mission: To connect underserved communities in the Washington, DC area with opportunities to learn and practice yoga and mindfulness.

www.circleyoga.com

Common Ground Healing Arts | Charlottesville, VA

Mission: To improve wellness throughout our community by expanding opportunities for accessible complementary health care.

www.commongroundville.org

Community Haven for Adults and Children with Disabilities | Sarasota, FL

Mission: To offer programs and services for adults and children with disabilities to enhance quality of life by encouraging independence, championing inclusion and advocating for their individual rights.

www.thehavensrq.org

Copper Beech Institute | West Hartford, CT

Mission: To bring awareness and compassionate action into the world.

www.copperbeechinstitute.org

CTZNWELL | New York, NY

Mission: To democratize wellbeing for everyone by dismantling the barriers that are in the way and create the conditions for everyone to thrive on their own terms.

www.ctznwellalliance.org

Day Yoga Community Outreach | Dayton, OH

Mission: To provide yoga and/or related wellness services to underserved populations in and around Dayton, OH.

www.dayyogastudio.com

DAYA Foundation | Portland, OR

Mission: To deliver accessible yoga alternatives to people in need, including in prisons, rehab centers, and more.

www.dayafoundation.org

Dancing Grounds | New Orleans, LA

Mission: To develop young leaders, promote health and wellness, and advocate for social justice through dance.

www.dancinggrounds.org

Downtown Boxing Gym | Detroit, MI

Mission: To empower Detroit students to be positive and productive members of society through education, athletics, mentorship and intervention.

www.dbgdetroit.org

Easterseals Crossroads | Indianapolis, IN

Mission: To change the way the world defines and views disability by making profound, positive differences in people's lives every day

www.eastersealscrossroads.org

Eat Breathe Thrive | Boulder, CO

Mission: To provide skills and resources for healthy eating, emotional resilience, and positive embodiment.

www.eatbreathethrive.org

Embody Love Movement | Dallas, TX

Mission: To resource all self-identifying girls and women to reclaim beauty on their terms by building self-approval and cultivating compassion for themselves and others.

www.embodylovemovement.org

Exhale to Inhale | New York, NY

Mission: To empower survivors of domestic violence and sexual assault through the healing power of trauma-informed yoga.

www.exhaletoinhale.org

Fast Feet Running and Athletics | Brooklyn, NY

Mission: To make running accessible and inclusive by providing adaptive running programs for schools and communities that serve individuals with disabilities.

www.fastfeetnyc.com

Fenway High School Fund | Boston, MA

Mission: To provide a high quality, personalized education to students from all over the city of Boston.

www.fenwayhs.org/index.html

Getting Out and Staying Out | New York, NY

Mission: To partner with young men of color in New York City who are justice-involved and who aim to build a path towards educational achievement, employment, and financial independence.

www.gosonyc.org

GiGi's Playhouse | Chicago, IL

Mission: To offer free therapeutic, educational and career development programming for individuals with Down syndrome, their families and the community.

www.gigisplayhouse.org/chicago

Girls on the Run | Minneapolis, MN

Mission: To inspire girls to be joyful, healthy and confident using a fun, experience-based curriculum which creatively integrates running.

www.gotrtwincities.org

Girls on the Run | Pasadena, CA

Mission: To inspire girls to be joyful, healthy and confident using a proven curriculum that creatively integrates running.

www.gotrla.org

Give Back Yoga Foundation | Boulder, CO

Mission: To help yoga teachers, health workers, and charitable organizations bring yoga to those in need.

www.givebackyoga.org

Harmony Hill | Union, WA

Mission: To support those affected by cancer, including caregivers and health professionals.

www.harmonyhill.org

I Grow Chicago | Chicago, IL

Mission: To grow Englewood from surviving to thriving through community connection, skill building, and opportunity.

www.igrowchicago.org

Inner City Innovators | West Palm Beach, FL

Mission: To inspire and empower inner city youth to embody the change they want to see in their communities.

www.innercityinnovators.org

Integrative Healers Action Network | Santa Rosa, CA

Mission: To transform trauma into resilience for communities impacted by disasters.

www.integrativehealersactionnetwork.org

Live Free Yoga | Atlanta, GA

Mission: To eradicate recidivism and empower the incarcerated community through entrepreneurship, self-rehabilitation, and advocacy.

www.livefreeyoga.org

**Loma Linda University Children's Hospital Foundation
| Loma Linda, CA**

Mission: To bring hope and healing to children with life threatening diseases and traumas through first class healthcare.

www.lomalindakids.org

Love Your Brain Foundation | Norwich, VT

Mission: To improve the quality of life of people affected by traumatic brain injury through programs that build community and foster resilience.

www.loveyourbrain.com

Maven Leadership Collective | Miami, FL

Mission: To invest in queer and trans social impact leaders of color to build more resilient communities that thrive even in crisis, tragedy, and transition.

www.mavenleadership.org

Melanin Yoga Project | Houston, TX

Mission: To connect, educate, and inspire people of color on the benefits of yoga.

www.melaninyogaproject.org

MetroSquash | Chicago, IL

Mission: To combine academic support, competitive squash, and enrichment to empower students to realize their potential and make their mark.

www.metrosquash.org

Miller Fellowship House | Newbury Park, CA

Mission: To promote a foundation in recovery from alcohol, drugs and other related behaviors by providing a safe and structured environment.

www.thefellowshiphousesoberliving.com

Mindful Junkie | Alexandria, VA

Mission: To help first responders reduce stress, improve sleep, process traumatic events, sustain focus, and increase compassion for themselves and those they serve.

www.mindfuljunkie.com

Mindful Yoga Therapy | Burlington, CT

Mission: To help veterans find a calm and steady body/mind to continue productive & peaceful lives through the support of the mindful practices of yoga and education.

www.mindfullyogatherapy.org

Movement Liberation | Kensington, CA

Mission: To offer embodied and somatic healing workshops, retreats, and safe spaces in which BIPOC can regenerate their very roots, cultivate wellbeing and resiliency within a supportive community.

www.dancesanctuary.com/movement-liberation

Native Strength Revolution | Vestavia, AL

Mission: To equip a new generation of Indigenous healers through leadership training and yoga certification.

www.nativestrengthrevolution.org

Off the Mat, Into the World | Santa Monica, CA

Mission: To use the tools of yoga and meditation as foundational practices of self-awareness and self-accountability for leaders worldwide.

www.offthematintotheworld.org

OG Yoga | San Diego, CA

Mission: To provide the many healing benefits of the 5,000-year-old science and art of yoga to San Diego's most vulnerable communities.

www.ogyoga.org

Open Up Association | Pittsburgh, PA

Mission: To teaches movement tools and mindfulness practices that center people living with disabilities.

www.openuppittsburgh.com

Our Mother's Home of Southwest Florida | Fort Myers, FL

Mission: To transition teen mothers and their children from foster care and human trafficking to stable, happy, and productive lives by providing a safe and nurturing home, education, parenting support, along with physical, mental and spiritual care.

www.ourmothershome.com

Play and Learn Through Art and Yoga | Phoenix, AZ

Mission: To offer innovative mindfulness tools and training to children, families, and the professionals who support them.

www.playphx.org

Pranam Seva | Omaha, NE

Mission: To make yoga and mindfulness available to everyone, and create a circle of giving that dissolves barriers and unites people.

www.pranamyogashala.com/pranam-seva

Pratyush Sinha Foundation | Allentown, PA

Mission: To assist our community towards health and harmony through yoga and mindfulness education.

www.pratyushsinhafoundation.org

Prison Yoga Project | Bolinas, CA

Mission: To support incarcerated people with trauma-informed yoga and mindfulness practices to promote rehabilitation, reduce recidivism and improve public safety.

www.prisonyoga.org

Project Peaceful Warriors | New Orleans, LA

Mission: To provide trauma-informed yoga and mindfulness programming to schools —equipping students and educators with tools they can use to reduce stress and anxiety, combat burnout, and lead happier and healthier lives.

www.projectpeacefulwarriors.org

Project Yoga Cincinnati | Cincinnati, OH

Mission: To bring the healing benefits of yoga and mindfulness intervention to at-risk and under resourced communities.

www.projectyogacincinnati.org

Roca | Chelsea, MA

Mission: To be a relentless force in disrupting incarceration and poverty by engaging young adults, police, and systems at the center of urban violence in relationships.

www.rocainc.org

Sad Girls Club | Brooklyn, NY

Mission: To show up for communities of color to provide accessible mental health resources, strengthen community in wellness, and remove the stigma amongst millennials and Gen Z.

www.sadgirlsclub.org

Sea Change Yoga | Portland, ME

Mission: To bring trauma-informed yoga to all historically marginalized communities.

www.seachangeyoga.org

Shri Service Corps | Pawtucket, RI

Mission: To provide yoga outreach for special-needs populations and their staff in studios, social service agencies and municipal institutions with skilled teachers, trained on a joyful, rhythm-based curriculum.

www.shriyoga.org

Space Between | Seattle, WA

Mission: To bring the research-based practices of yoga, breathing, and mindfulness to school communities.

www.spacebetweencommunity

The Art of Yoga Project | Palo Alto, CA

Mission: To lead at-risk, exploited and incarcerated youth involved in the California juvenile justice system toward accountability to self, others and community by providing practical tools to effect behavioral change.

www.theartofyogaproject.org

The Body: A Home for Love | Houston, TX

Mission: To shift culture around how Black women heal from sexual trauma; we empower survivors to reclaim their narrative and sustain the ongoing work of self-love and restoration.

www.thebodyahomeforlove.org

The Breathe Network | Portland, OR

Mission: To connect sexual trauma survivors with trauma-informed, sliding-scale, holistic healing professionals across the United States and Canada.

www.thebreathenetwork.org

The Dharma Project | Atlanta, GA

Mission: To provide mindfulness and yoga to communities and organizations that experience high levels of stress and trauma.

www.thedharmaproject.org

The Empowerment Plan | Detroit, MI

Mission: To empower homeless single parents to return to employment while delivering a social good—in the form of the coat—to the larger homeless community.

www.empowermentplan.org

The Hive Community Circle | Columbia, SC

Mission: To instill hope and provide support for the most marginalized survivors of interpersonal violence.

www.thehivecc.org

The Josselyn Center | Northfield, IL

Mission: To provide affordable mental health services that make lives better for our clients, their families, and communities.

www.josselyn.org

The Red Shoes | Baton Rouge, LA

Mission: To serve as an inclusive center for personal and spiritual growth that provides a place of healing and reconciliation.

www.theredshoes.org

The Sanctuary in the City | Charlotte, NC

Mission: To create equitable and affirming access to wellness practices for Black & Indigenous People of Color.

www.thesanctuaryinthecity.org

The School Mindfulness Project | Philadelphia, PA

Mission: To enhance the physical, behavioral and academic wellbeing of Philadelphia area underserved school communities.

www.theschoolmindfulnessproject.org

The Way Home Adoption | Houston, TX

Mission: To provide older youth in foster care with permanent homes by recruiting families specifically for this population.

www.thewayhomeadoption.org

Three and a Half Acres Yoga Foundation | New York, NY

Mission: To provide yoga, breathing and mindfulness techniques to support individuals in recognizing their own power for positive change.

www.threeandahalfacres.org

TrackGirlz | Frisco, TX

Mission: To provide girls access to sisterhood, empowerment, and track and field.

www.trackgirlz.com

Trauma Healing Project | Eugene, OR

Mission: To work with community members, professionals and organizations to raise awareness and to identify, develop, support and promote many options for healing and for preventing trauma.

www.healingattention.org

United Against Human Trafficking | Houston, TX

Mission: To end human trafficking through educating the community, preventing exploitation, and empowering survivors.

www.UAHT.org

United We Om | Port Washington, NY

Mission: To share yoga and meditation with trauma-impacted and vulnerable communities, taught by teachers who are connected to those communities by a shared history or common voice.

www.unitedweom.org

Upward Inertia | Boise, ID

Mission: To improve the mental, physical, and emotional health of marginalized populations through therapeutic yoga and wellness education

www.upwardinertia.com

Veterans Yoga Project | Alameda, CA

Mission: To support resilience and recovery among veterans, families, and communities.

www.veteransyogaproject.org

VETOGA | Kailua, HI

Mission: To provide yoga, meditation, and healing arts to military, veterans, their families, and communities.

www.vetoga.org

Vikara Village | Rockville, MD

Mission: To use the communal spirit of yoga and the arts to empower individuals to reach their full potential.

www.vikaravillage.org

Warrior-Yoga | College Station, TX

Mission: To grant eligible Veterans a full scholarship to complete a comprehensive program to become a certified yoga instructor.

www.warrior-yoga.org

Wasatch Adaptive Sports | Snowbird, UT

Mission: To encourage individuals with adaptive needs and their families to realize their potential and engage in active living through recreational, educational and social programs.

www.wasatchadaptivesports.org

Woke Chicago | Chicago, IL

Mission: To share the love of yoga and meditation to disempowered communities.

www.wokechicago.org

Women Who Thrive | New York, NY

Mission: To empower and unite all women of different backgrounds through wellness solutions and a community of sisterhood.

www.women-thrive.org

Y12SR Community Outreach | Boulder, CO

Mission: To combine the somatic approach of yoga with the cognitive approach of the 12-step recovery model.

www.y12sr.com

Yoga4Cancer | Stowe, VT

Mission: To provide equitable access to safe and effective oncology yoga, deliver superior training programs for professionals, and advocate for oncology yoga in public and private sectors through research, education and resources.

www.y4c.com

Yoga 4 Change | Jacksonville, FL

Mission: Yoga 4 Change is a non-profit organization that achieves lasting, demonstrative change for veterans, individuals who are experiencing incarceration, youth, and people living with mental health conditions through a purpose-driven yoga curriculum.

www.y4c.org

Yoga Behind Bars | Seattle, WA

Mission: To share yoga and meditation with incarcerated people to promote rehabilitation, personal transformation, and a more just society for all.

www.yogabehindbars.org

Yoga Ed. | Honolulu, HI

Mission: To encourage individuals with adaptive needs and their families to realize their potential and engage in active living through recreational, educational and social programs.

www.yogaed.com

Yoga for Recovery Foundation | Matthews, NC

Mission: To provide yoga resources, education, and wellness opportunities to assist those impacted by addiction, systemic oppression, acute stress or trauma.

www.yfrfoundation.org

Yoga Forward | Salt Lake City, UT

Mission: To take yoga where it isn't, making yoga more inclusive and accessible to underrepresented communities.

www.yogaforward.org

Yoga Punx PDX | Portland, OR

Mission: To offer the transformative and healing practices of yoga through harm-reduction lens by removing financial & physical barriers to the practice.

www.yogapunxpdx.com

Yoga Service Council | Wilmington, DE

Mission: To maximize the effectiveness, sustainability, and impact of individuals and organizations working to make all yoga practices equally accessible to all.

www.yogaservicecouncil.org

Yogis in Service | Buffalo, NY

Mission: To create access to the stress-reducing and wellbeing enhancing practices of yoga and mindfulness through the provision of classes and teacher trainings

www.yogisinservice.org

YouthPower365 | Avon, CO

Mission: To serve our youth and families at each step of their academic journey through multiple streams of programming.

www.youthpower365.org